

Buffalo Chicken Taco Salad

Buffalo Chicken Taco Salad

Guys, I think I found an express pass to my husband's heart!! It's buffalo chicken anything. Pizza, wings, dips, cheese steaks, apples, anything! Ok fine, I made that last one up. But seriously, this man lights up when I break out the Frank's Red Hot!! I'm not a buffalo person at all, but this was amazing!!

The bonus, ya'll wont need to break out the stretchy pants! Check it out!

1 cup cooked chopped/shredded chicken

1 lb. ground beef

Taco seasoning to taste

3 TBSP hot sauce

2 TBSP butter

6-8 oz chopped romaine lettuce

1 jalapeno, sliced

1/2-1 cup chopped/diced tomato

1/4-1/2 cup black beans, drained and rinsed

1/4-1/2 cup shredded cheddar cheese

Cheesy tortilla chips (DORITOS!)

DRESSING OPTIONS:

I topped mine with a homemade ranch dressing and Chris did an extra drizzle of hot sauce. Feel free to follow suit! You can also try it with a French or blue cheese dressing!

Cook ground beef, and add taco seasoning to your liking. Let cool.

Prep your chicken, and chop your veggies for the salad.

Melt butter and combine with hot sauce, whisk well.

Pour sauce over chicken and serve over lettuce with all your favorite toppings from the list above!

Drizzle with dressing of choice, and enjoy!