

Turkey Sausage and Peppers

2 lbs Ground Turkey Sausage

1/2 cup chopped onion

1 1/2 chopped bell peppers

1 tbsp minced garlic

Salt and Pepper

Jar of good tasty tomato sauce

Mozzarella Cheese

Cook meat in a large pot on medium heat with onions and peppers. After meat has started to cook, then add garlic, salt and pepper. When meat is fully cooked, slowly add the sauce. Turn heat down to simmer, and with lid on, let simmer for at least 30 minutes; stirring occasionally.

When ready to eat, sprinkle on mozzarella cheese.